**Newspaper Activities** - Use large sheets of newspaper to teach throwing, catching, kicking, fine motor activities - crushing and rolling into a ball.

Use a full sheet on newspaper.

Fold it into the quarter paper size (it's easiest to follow the fold lines)

- Place the paper on the floor - this is your house
- Can you: step onto your house
- Jump off your house (two feet together)
- Jump over your house
- March around your house
- Gallop around your house
- Get under your house
- Make a bridge over your house
- Hold the paper over your head and shake it, listen to the rain.
- Hold it over your head and shake like an umbrella
- Hold it behind your neck and let it fly like you are wearing a super cape
- MAGIC TRICK - put the paper on your chest, lift your chin so it is not touching the paper, put your arms out to the side and run. Did the paper stay "glued" to your chest? What magic!!
- Scrunch the paper into a ball
- Can you toss the ball into the air and catch it?
- Can you toss it up and clap before you catch it?
- Can you toss and catch with someone else?
- Put the paper on the ground and soccer dribble the ball - Little kicks.
- Can you toss it into the trash can?