LOW ORGANIZATIONAL ACTIVITIES

The following activities are low organizational and highly structured activities. Each student should have their own designated space (I use polyspots—give each student a different color if possible). Keep instructions short, focusing on the key words needed to complete the task. If your students are verbal, encourage them to use this skill and name the objects as appropriate, if they are non-verbal—have someone else name each object.

1. **Color Matching**—give each student a colored hoop, which is set on the floor beside them. Scatter a variety of equipment of matching color at the other end of the gym. Have students move (vary the locomotor tasks within the students ability) and retrieve an object that matches their hoop. Continue until all the objects have been picked up. Tell students the name of each item in their hoop and have them repeat the name. You can vary the task by changing the equipment you use.

2. **Ball Retrieval**—give each student a hoop, which is set on the floor beside them. Scatter a variety of balls at the other end of the gym. Either hold up one ball, name it, and have students retrieve the designated number of balls—1 at a time. Vary the locomotor skill as they move. Have students call the name of the ball or object as they put it in the hoop.

3. **Gum Ball Machine**—similar to #1 activity but have them match the object to the same color hoop—everyone is matching to any colored hoop. When all of the objects have been retrieved, have the students count the objects in the hoop.

4. **Clean-Up Activity**—it is important for closure of tasks or in transition at the end of class to have students assist with putting away equipment. If you have done either #1 or #2 activity—have students assist with putting the objects back into the ball cart, container or designated storage space.

5. **Go bowling but don’t use all 10 pins—3 or 4 would be fine.** Put a spot on the floor for each pin. Have students take turns setting the pins. Throw various objects to knock over the pins. You can also set pins up all over the gym. Give each student a beanbag or other object and have them knock over as many pins as they can. Always set the pin up for the next person before moving to another one.

6. **Put on music (the livelier the better), call out a locomotor movement that students perform until the music stops. Freeze when the music stops.** Have students change direction each time they change movements.

7. **Four Corner Game**—play music and have students move around the room, when the music stops students move to any corner or designated cone, the corners should be numbered. Roll a dice and whichever number has been tossed, that corner performs a designated task (could be a stretch, sound or cheer ….)

8. **Utilize stations for a variety of activities—you can use some to pre-teach a skill, reinforce a skill that had been worked on weeks ago and just have some for fun.**

9. **Bean Bag Bocce**—regular bocce is an outdoor game with heavier balls. Give each student 2 beanbags of the same color and a target object that will not roll very well. The object is to hit the target ball or be closest to it when everyone has thrown their beanbag. You can score 1 point for hitting the target ball and 1 point for being the closest.

10. **Simple Aerobics**—put on some lively music and do activities at the students level. Begin with large movements, large claps, alligator claps, overhead claps, claps in front and back and then smaller ones, March in place, kick one leg in front and then the other, kick in back and to the side. Push one hand forward and then the other. Have students come up with different movements. Do cool-down movements to slower music.