

# Cognitive Coaching

Research indicates that teaching is a complex intellectual activity and that teachers who think at higher levels produce students who are higher achieving, more cooperative and better problem solvers. It is the invisible skills of teaching, the thinking processes that underlie instructional decisions, that produce superior instruction.

Cognitive Coaching<sup>sm</sup> is a research-based model that capitalizes upon and enhances teachers' cognitive processes.

*Both courses also approved for Evaluator Approval*



## Cognitive Coaching<sup>sm</sup> Level 1

In this 4-day introductory course, participants will focus on foundational concepts and skills like planning conversations, active listening, questioning techniques and reflection.

 **April 22-23 & April 29-30, 2025**

 **8:00 a.m.-4:00 p.m.**

 **Heartland AEA**  
6500 Corporate Drive, Johnston, IA

 **Registration**  
[Registration link](#)

 **Instructors**  
Kaylyne Christensen & Sue Schirmer

## Cognitive Coaching<sup>sm</sup> Level 2

In this 4-day advanced course, participants will focus on deeper understanding of problem-solving strategies, refine key coaching tools like questioning and paraphrasing and further develop the ability to facilitate meaningful conversations.

 **June 12-13 & June 23-24, 2025**

 **8:30 a.m.-3:30 p.m.**

 **Heartland AEA**  
6500 Corporate Drive, Johnston, IA

 **Registration**  
[Registration link](#)

 **Instructor**  
Sue Schirmer