



Instructional Coaching Academy

The **Instructional Coaching Academy** equips new coaches with the core foundations of effective coaching. Participants will explore key practices, actively apply coaching moves within a structured cycle and develop critical skills like active listening, paraphrasing and asking effective questions. The course also emphasizes building communication strategies, reflective habits and collaboration for ongoing growth in the coaching role.



Jan. 16, 2025
Feb. 18, 2025
March 27, 2025
April 22, 2025



8:30 a.m.-4:30 p.m.

Heartland AEA

Johnston Regional Education Center
6500 Corporate Drive, Johnston

Registration

<https://bit.ly/3ZJlsHW1>

Session ID: 49509

Contact

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Instructional Coach

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Objectives

Participants will gain:

- A clear understanding of the three coaching stances and when to use each.
- Mastery of foundational coaching elements:
 - **Way of Being:** Cultivating the mindset and presence to build trust and relationships.
 - **Coaching Skills:** Developing the core skills to guide and challenge educator growth.
 - **Coaching Process:** Understanding the steps of an effective coaching cycle.
- A solid grasp of the coaching cycle and how to implement it in various school contexts.
- Exposure to different coaching models and how to adapt them to their school or district.
- Opportunities for reflection and feedback to build confidence, facilitate growth and lead instructional change.

