



INCLUSIVE SUMMER ACTIVITY IDEAS

2022

The following list of activities was compiled by the Heartland AEA Family & Educator Partnership. It represents a list of activities families with children who have disabilities can access. If you have additional resources, contact your FEP Coordinator, who can be found at www.heartlandaea.org/fep.

GENERAL-GETTING STARTED

My Summer Camps (lists by city, needs, etc.)
<http://mysummercamps.com>

Iowa Summer Camps
<http://www.camppage.com/iowa.htm>
http://www.kidscamps.com/kc_dba/owa/kids_home?state=IA

AQUATIC CENTERS

Cascade Falls Aquatic Center	(515) 963-3569
http://www.prairietrailankeny.com/parks-and-recreation/aquatic-center	
Clive Aquatic Center	(515) 440-0599
http://www.cityofclive.com/residents/aquatic-center	
Des Moines Wading Pools	(515) 243-3567
https://www.catchdesmoines.com/active-do-outdooradventures-aquaticcenters	
Holiday Aquatic Center	(515) 440-0599
https://www.catchdesmoines.com/active-do-outdooradventures-aquaticcenters	
Nahas Aquatic Center	(515) 243-3567
https://www.catchdesmoines.com/active-do-outdooradventures-aquaticcenters	
Northwest Aquatic Center	(515) 243-3567
https://www.catchdesmoines.com/active-do-outdooradventures-aquaticcenters	
Teachout Aquatic Center	(515) 243-3567
https://www.catchdesmoines.com/active-do-outdooradventures-aquaticcenters	
Valley View Aquatic Center	(515) 273-0300
http://www.wdm.iowa.gov/Home/Components/FacilityDirectory/FacilityDirectory/3/1427	
YMCA Main Site	(515) 282-9622
http://www.dmyymca.org/en/y_schedules	

COMMUNITY EDUCATION

Ankeny Community Education	(515) 289-3960
https://ankeny.revtrak.net.Community-Ed-Courses	
Des Moines Community Education	(515) 242-8521
http://commend.dmschools.org	
Johnston Community Education	(515) 278-0552
https://www.johnstonecsd.org/commmed	
Urbandale Community Education	(515) 457-6950
www.urbandalecommunityed.com/programs/index	
West Des Moines Community Education	(515) 633-5001
https://www.wdmcs.org/commmed	
Waukee Community Education	(515) 987-2761
https://communityed.waukeeschools.org/	

FARMERS' MARKETS

(See city sites for more information.)

Ankeny Farmers' Market
Saturdays 8 a.m. to 12 p.m.

Downtown Des Moines Farmers' Market
Saturdays 7 a.m. to 12 p.m.

Johnston Farmers' Market
Tuesdays 3:30 to 6:30 p.m.

Valley Junction Farmers' Market
Thursdays 4 to 8 p.m.

Waukee Farmers' Market
Wednesdays 4 to 7 p.m.

West Glen Town Center
Saturdays 8 a.m. to 12 p.m.



OTHER

Best Buddies(515) 282-6218
www.bestfuddies.org

Center for Disabilities & Development(877) 686-0031
www.facebook.com/uihealthcare/CEP

Central Iowa Center for Independent Living(515) 243-1742
www.cicil.org

Des Moines Info
<http://seedesmoines.com>

Iowa Compass(800) 779-2001

Iowa Events Center(515) 564-8000
<http://www.iowaeventscenter.com>

Polk County Conservation(515) 286-3000
<http://www.conservationboard.org>

Resource Library(800) 272-7713

Stephens Auditorium
<http://www.center.iastate.edu>

Trips, Inc. Special Adventures(800) 686-1013
www.tripsinc.com

Valley Junction Events(515) 222-3642
<http://www.valleyjunction.com>

PARKS & RECREATION OFFICES

(Some may offer a person to assist a child if requested/needed).

Ankeny Parks & Recreation(515) 965-6455
<https://www.ankeny.iowa.gov/departments/parks-and-recreation>

Clive Parks & Recreation(515) 223-5246
<http://www.cityofclive.com/government/parks-and-recreational-programs>

Des Moines Parks & Recreation(515) 273-1386
www.dmparks.org

Johnston Parks & Recreation(515) 727-8091
<http://www.cityofjohnston.com/155/Parks-Department>

Urbandale Parks & Recreation(515) 278-3963
<http://www.urbandale.org/170/Parks-Recreation>

Waukee Parks & Recreation(515) 978-0007
<http://www.wakee.org/181/Parks-Recreation>

West Des Moines Parks & Recreation(515) 222-3444
<http://www.wdm-ia.com/government/parks-recreation>



PUBLIC LIBRARIES

Ankeny Library(515) 965-6460
[www.http://kplcatalog.ankenyiowa.org/polaris](http://kplcatalog.ankenyiowa.org/polaris)

Clive Library(515) 453-2221
<https://www.cityofclive.com/library>

Johnston Library(515) 278-5233
<https://www.johnstonlibrary.com>

Urbandale Library(515) 278-3945
<http://www.urbandalelibrary.org>

Waukee Library(515) 987-1280
www.waukee.lib.ia.us

West Des Moines Library(515) 222-3400
<http://www.wdmlibrary.org>

SPECIAL INTERESTS

Ankeny Miracle Park
www.ankenymiracleleague.com

Apex Athletics Cheer(515) 276-9173
www.desmoinesparent.com/fun-apex-athletics

Adventures in Social Drama(515) 255-3083
<http://www.asdrama.org>

Backyard Adventures(515) 270-5017
www.backyardadventuresiowa.com

Boys & Girls Club of Central Iowa(515) 262-5695
www.bgcci.org/newsarchives.php

Challenger League(515) 240-4854
www.challenger-sports.org

Courage League Sports(515) 423-9930
www.courageleaguesports.com

Genesis Mighty Camps
www.genesishealthclub.com

GiGi's Playhouse(515) 252-7529
www.gigisplayhouse.org/desmoines

Gymboree	(515) 331-7507
www.gymboreeclases.com	
Iowa Cubs Baseball	
http://iowa.cubs.milb.com/index.jsp?sid=t451	
Iowa State Fair	(515) 274-0275
www.iowastatefair.com	
Kids Free Bowling	
https://www.kidsbowlfree.com/center.php?alley_id=5123	
Kindermusik	(515) 224-6533
www.kindermusik.com	
Metro West Kids LC	(515) 643-9800
www.metrowestkids.net	
Michael's Arts & Craft Time	(515) 223-8877
www.michaels.com	
Miracle League of DSM	(515) 282-9045
www.kiwanismiracleleague.org	
Music Therapy	(515) 494-4618
mtinharmony@hotmail.com	
Pump It Up	(515) 270-5017
http://www.pumpltupparty.com	
Urbandale Miracle League	(515) 278-3963
https://www.urbandale.org/801/Miracle-League-Field	
Special Olympics	(515) 986-5520
www.soiowa.org	
Val Lanes Rec Center	(515) 274-0493
www.vallanes.com	
West Music	(515) 278-1000
www.westmusic.com	

THEME PARKS/ATTRACTIONS & CAMPS

Adventureland Park(515) 266-2121
www.adventurelandpark.com

Iowa Camps Search Info
<http://www.kidscamps.com/camps/iowa-specialneeds-camps.camp>

Big Creek
<http://www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks>

Blank Park Zoo(515) 285-4722
www.blankparkzoo.com

Boone Scenic Railway(800) 626-0319
www.scenic-valleyrr.com

Boy Scouts-Camp Mitigwa(515) 266-2135
<https://www.scouting.org>

Camp Albrecht Sherril(563) 552-1771
www.albrechtacres.org

Camp Courageous(319) 465-5916
www.campcourageous.org

Camp Fire Camps(515) 274-1501
www.campfireiowa.com

Camp Hertko Hollow Boone(515) 471-8547
www.camphertkohollow.com

Camp Jubilee(319) 694-3400
http://polk.ia.networkofcare.org/mh/services/agency.aspx?pid=CampJubilee_222_2_0

Camp Sunnyside(515) 289-1933
www.eastersealsia.org

Camp Superkids(515) 309-9507
<https://www.nchpad.org/Directories/Programs/7408/Camp~Superkids~~~American~Lung~Association~of~Iowa>

Camp Tanger(319) 286-4510
<https://camptanager.org>

Camp Wesley Woods(515) 961-4523
www.wesleywoodsiowa.org

Camp Wyoming(563) 488-3893
www.campwyoming.net

Des Moines Art Center	(515) 277-4405
http://www.desmoinesartcenter.org	
Des Moines Botanical Garden	(515) 323-6290
http://www.botanicalcenter.com	
Des Moines Info	
http://seedesmoines.com	
Des Moines Playhouse	(515) 277-6261
http://dmplayhouse.com	
Des Moines Science Center	(515) 274-6868
http://www.sciowa.org	
Girl Scouts of Iowa	(515) 278-2881
https://www.girlscoutsiowa.org	
Gray's Lake	(515) 266-2121
http://outdoorfun.desmoinesparent.com/grays-lake-park-des-moines-iowa	
Iowa Baptist Special Camp	(641) 829-3824
www.irbc.org	
Iowa Hands & Voices	(515) 661-4248
www.iowahandsandvoices.org	
Iowa School for the Deaf Camp	(712) 366-0571
https://www.iowaschoolforthe deaf.org	
Jester Park Equestrian Center	(515) 999-2818
www.jesterparkec.com	
Living History Farms	(515) 278-5286
http://www.lhf.org	
Lutheran Lakeside Camp	(712) 336-2109
www.lutheranlakeside.com	
Reiman Gardens	(515) 294-2710
http://www.reimangardens.iastate.edu	
Sportsplex West	(515) 987-0806
www.sportsplexwest.com	
Triad Kids Camp	(515) 963-0215
www.triadgymnastics.com	
UNI Adapted Sports Camp	(319) 493-0978
https://sportabilityofiowa.org	
YMCA Camps	(515) 432-7558
www.Y-camp.org	



6500 Corporate Drive, Johnston, IA 50131

(515) 270-9030 | (800) 362-2720

FAX (515) 270-5383

www.heartlandaea.org

